



Grading Policy

(2019)



No Limits Grading Introduction

No Limits (NL) judoka are players with special needs. That term can encompass a broad range of conditions, such as Autism Spectrum Disorders, ADHD, or an intellectual, physical or sensory disability. It is the choice of the judoka/coach as to whether they follow this No Limits grading policy, the mainstream JA National Grading Policy or both.

There has always been a certain amount of “coaches’ discretion’ with regards to special needs gradings. If a judoka is not physically capable of tying his/her belt, but can do it with some assistance, it is ok to sign off on the judoka tying the belt.

Retention of a technique can be very challenging for NL judoka. The ‘date’ section should be completed when a judoka has understood that technique to the best of their ability. Learning that your partner must be moving backwards or sideways when performing Osoto Otoshi or Osoto Gari, is an important aspect of the technique.

The solid belt colours are not used in NL gradings to help remove any confusion with mainstream grades.

To compete in a mainstream competition, you must have the appropriate mainstream grade.

To achieve a Black Belt in judo you must follow the mainstream JA National Grading Policy.







‘Knowledge’ is determined by the coach and should be gauged directly with the judoka’s intellectual ability.

Grading Certificates should state ‘No Limits’ then the relevant grade and other details.









No Limits Grading Progression and Criteria

Name:

White – Yellow 1 Throw - 1 Hold Down	White – Yellow Black Tip 2 Throws - 2 Hold Downs
	
Name throw: <i>Date Achieved:</i> Name Hold Down: <i>Date Achieved:</i> Tie Belt - Break falls – Knowledge	Name throw: <i>Date Achieved:</i> Name Hold Down: <i>Date Achieved:</i> Tie Belt - Break falls - Knowledge
Yellow Black Tip 3 Throws - 3 Hold Downs	Yellow – Orange 4 Throws - 4 Hold Downs
	
Name throw: <i>Date Achieved:</i> Name Hold Down: <i>Date Achieved:</i> Tie Belt - Break falls – Knowledge	Name throw: <i>Date Achieved:</i> Name Hold Down: <i>Date Achieved:</i> Tie Belt - Break falls - Knowledge
Yellow – Orange Black Tip 5 Throws - 5 Hold Down	Orange Black Tip 6 Throws - 6 Hold Downs
	
Name throw: <i>Date Achieved:</i> Name Hold Down: <i>Date Achieved:</i> Tie Belt - Break falls – Knowledge	Name throw: <i>Date Achieved:</i> Name Hold Down: <i>Date Achieved:</i> Tie Belt - Break falls - Knowledge
<p>To achieve the required competency of Throwing techniques, the judoka must understand the Kuzushi and direction of the throw.</p> <p>To achieve the required competency of Hold Downs, the judoka must also know how to escape from the Hold.</p> <p>Minimum of 3 months in grade for Orange Black Tip and below.</p> <p>Minimum of 6 months in grade for Orange Green and above.</p>	

No Limits Grading Progression and Criteria




Name:

<p>Orange – Green 7 Throws - 7 Hold Downs</p>	<p>Orange – Green Black Tip 8 Throws - 8 Hold Downs</p>
	
<p>Name throw: <i>Date Achieved:</i> Name Hold Down: <i>Date Achieved:</i> 1 x Turn Over <i>Date Achieved:</i> 1 x Transition to Hold Down <i>Date Achieved:</i> Tie Belt - Break falls – Knowledge</p>	<p>Name throw: <i>Date Achieved:</i> Name Hold Down: <i>Date Achieved:</i> 2 x Turn Overs <i>Date Achieved:</i> 2 x Transitions to Hold Down <i>Date Achieved:</i> Tie Belt - Break falls – Knowledge</p>
<p>Green Black Tip 9 Throws - 9 Hold Downs</p>	<p>Green – Blue 10 Throws - 10 Hold Downs</p>
	
<p>Name throw: <i>Date Achieved:</i> Name Hold Down: <i>Date Achieved:</i> 3 x Turn Overs <i>Date Achieved:</i> 3 x Transition to Hold Down <i>Date Achieved:</i> Tie Belt - Break falls – Knowledge</p>	<p>Name throw: <i>Date Achieved:</i> Name Hold Down: <i>Date Achieved:</i> 4 x Turn Overs <i>Date Achieved:</i> 4 x Transition to Hold Down <i>Date Achieved:</i> Tie Belt - Break falls – Knowledge</p>
<p>Green – Blue Black Tip 11 Throws</p>	<p>Blue Black Tip 12 Throws</p>
	
<p>Name throw: <i>Date Achieved:</i> 1st Technique of Nage No Kata as Tori <i>Date Achieved:</i> 1 x Combination <i>Date Achieved:</i> Tie Belt - Break falls – Knowledge</p>	<p>Name throw: <i>Date Achieved:</i> 2nd Technique of Nage No Kata as Tori <i>Date Achieved:</i> 2 x Combination <i>Date Achieved:</i> Tie Belt - Break falls – Knowledge</p>

No Limits Grading Progression and Criteria

Name:

Modified Tachi-Waza, Ne-Waza and Kata techniques are expected depending on the judokas ability.

Blue – Brown 13 Throws	Blue – Brown Black Tip 14 Throws
	
Name throw: <i>Date Achieved:</i> 3 rd Technique of Nage No Kata as Tori <i>Date Achieved:</i> 3 x Combination <i>Date Achieved:</i> Tie Belt - Break falls – Knowledge	Name throw: <i>Date Achieved:</i> 1 st Technique of Nage No Kata as Uke <i>Date Achieved:</i> 4 x Combination <i>Date Achieved:</i> Tie Belt - Break falls – Knowledge
Brown Black Tip 15 Throws	
	
Name throw: <i>Date Achieved:</i> 2 nd and 3 rd Techniques of Nage No Kata as Uke <i>Date Achieved:</i> 5 x Combination <i>Date Achieved:</i> Tie Belt - Break falls – Knowledge	

Only registered JA Examiners can grade NL judoka.

Shodan examiners may grade to Brown Black Tip.

There is no progression to Shodan through the No Limits grading system; to achieve Shodan, a judoka must be examined through the mainstream JA National Grading Policy.