



1. List three types of emergency situations that a coach might encounter during training or competition.

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2. When planning for dealing with an emergency situation, what are four key things that coaches should consider?

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3. You are planning to take a team of junior athletes away for a weekend competition by bus. A group of parents are going with you to help. Use the risk management planner below to identify strategies you might take to reduce the risks of these situations.

<i>Context:</i>		
<i>Risk</i>	<i>Likelihood of incident (high,</i>	<i>Strategy to reduce risk</i>

	<i>medium or low)</i>	
<i>Injury to an athlete</i>		
<i>Junior athlete not coping with the challenges of the trip</i>		
<i>Inappropriate behaviour by athletes</i>		

4. You are planning a trip away interstate with a team, and a number of parents volunteer to come along to help. What things should the coach do before the trip to ensure that child protection considerations are met?

5. One of your star players fell and injured her ankle during last week's game. The player is keen to be back on the court for the semi finals in three weeks time. What steps could you take to support the player in their return from injury?

6. Several players in a team have been diagnosed with influenza. What steps should be put in place to prevent spreading the infection?

7. You are conducting a training session and two players collide head on as they go for a ball. Both fall to the ground dazed. What steps would you follow to manage this situation?

8. During a competition one of the players is sent to the blood bin as they have a cut above their eyebrow which is bleeding quite heavily. What are some of the precautions that you can take to minimise the risk of contracting an infectious disease?

9. Explain the five steps that a coach should take in order to effectively manage risks.
 - i.

 - ii.

iii.

iv.

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10. List the three types of insurance available to coaches and the type of protection that they provide.

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